



Residential services are provided at Bellefaire JCB's 32-acre campus in Shaker Heights, a suburb of Cleveland, Ohio.

Residential Treatment Overview

Providing the Right Treatment at the Right Time

At Bellefaire JCB, we offer a range of co-ed residential treatment programs for children, adolescents and young adults. All of our residential programs stress a multidisciplinary approach to address the complex needs of each individual — building upon their strengths as they progress through treatment. Our programs are specifically ideal for those who have:

- Significant mental health and psychiatric needs
- Demonstrated self-injurious, risk-taking and aggressive behaviors
- Co-occurring mental health and substance abuse
- Experienced trauma
- Attachment issues
- A need for LGBTQ supports
- Been victims of human trafficking
- Autism spectrum and developmental disorders
- A broad range of IQs, including those below 70

Our Services

Services are provided in our safe, secure facilities by a multidisciplinary treatment team that includes dually-trained, licensed mental health/AOD clinicians (with Co-occurring Integrated Treatment programs); child and adolescent psychiatrists; psychologists; social workers; counselors; registered nurses; board-certified behavioral analysts; and residential milieu staff. This team handles discharge planning services to assist families in identifying appropriate next levels of care and community-based services.

Therapeutic techniques include trauma-focused Cognitive Behavioral Therapy, Dialectical Behavior Therapy and Collaborative Problem-Solving. Services in all units include assessment and diagnosis, individual and group therapy, partial hospitalization, psychological evaluation, psychiatric evaluation and pharmaceutical management as indicated, and chemical dependency assessment and treatment.

Certified by the Ohio Department of Mental Health and Addiction Services, our Co-occurring Integrated Treatment program serves youth ages 11-17 with co-occurring substance abuse and mental health diagnoses. In addition, nursing and well-child care are provided on our campus.

LEVELS OF CARE

Stabilization Critical Care Unit

Intensive Treatment Unit

Transitional Living Program

Autism Residential Treatment

For more information or to make a referral, please call 216.320.8502 or 800.879.2522, or email intake@bellefairejcb.org.



Residential Treatment Overview

STABILIZATION CRITICAL CARE UNIT

Offering at-risk youth ages 8-17 an alternative to psychiatric hospitalization, this four-bed mental health unit provides a safe, highly supervised environment that facilitates intensive, individualized and short-term therapeutic care. This service is available 24/7 for emergency mental health or co-occurring mental health/substance abuse. Depending on the client's needs, the length of stay can vary from 24 hours to 30 days.

Program Highlights

- High staff-to-client ratio
- Assessment and diagnostic services
- Highly supervised alternative to psychiatric hospitalization
- Linkage to community services
- Individualized educational tutoring

INTENSIVE TREATMENT UNIT

Two, self-contained units serve youth ages 11-17 with acute crises and persistent and/or prolonged and pervasive behavioral problems.

Program Highlights

- Short-term treatment for prolonged behavioral problems
- Residential therapeutic milieu, on-campus staff psychiatry, and psychological testing
- Individual and specialized group therapy
- Family therapy and support
- Fully accredited educational programming

TRANSITIONAL LIVING PROGRAM

Transitional Living is a self-directed, campus-based program to help adolescents 16-21 who have had behavioral or emotional challenges secure a path toward independence. With an average stay of 6-9 months, the goal of the program is to help youth reduce their reliance on social services and prevent future involvement with child welfare or justice systems.

Program Highlights

- Opportunity to complete education and prepare for college or employment
- Supervised apartment-style living on campus
- Mental health services available



AUTISM RESIDENTIAL TREATMENT

Monarch Boarding Academy (MBA) is a unique residential treatment program designed specifically for individuals ages 8-21 with Autism Spectrum Disorders (ASD), as well as those dually diagnosed with autism and significant mental health disorders.

Residents live in single bedrooms in a secure, home-like setting designed to enhance social, behavioral, communicative, functional and academic growth. All activities are highly structured and complement classroom experiences and transition education at Monarch School, which is just steps away. The goal for residents, whose abilities vary greatly, is to return to family living or a less restrictive level of care.

Program Highlights

- High staff-to-client ratio
- Specially designed spaces to accommodate those with sensory challenges
- Coordinated Residential Service Plan and Individual Education Plan to optimize outcomes
- Integration with day students at Monarch School
- All professional services provided on campus and covered under one inclusive rate