



# Mothers and Children Together



MACT provides in-home substance abuse/dual diagnosis assessment and treatment for mothers and their children.

## Mothers and Children Together (MACT)

### In-Home Treatment Program

The MACT program provides intensive in-home relapse-prevention, assessment and treatment services to mothers and their children. With services available in the family's home or in the community, the goals are to establish and strengthen sobriety, and support a safe, healthy family environment.

### Program Highlights

- Intensive assessment and treatment services, up to five hours per week for a minimum of 90 days
- Individual therapy to address co-occurring substance abuse and mental health issues
- Family counseling to facilitate healing for all family members
- Case management services to link to community resources and facilitate reintegration into community life
- Supports sober parenting to improve parent effectiveness and family structure
- Anger and stress management, problem-solving and assertiveness skills

### TREATMENT MODEL

The MACT treatment model is based on the belief that addiction and relapse are greatly influenced by the family system and are impacted by emotional and relationship issues overshadowed by substance abuse.

During the initial stages of treatment, mothers are at high risk for relapse or family disruption. Newly sober mothers are often overwhelmed with the return of daily responsibilities of home and children. Emotional and mental health needs can complicate recovery, adding stress to the healing process. At this critical time, mothers and their children can greatly benefit from the intensive counseling, support and guidance the MACT program provides. **Crisis intervention services are available to MACT clients 24/7.**

MACT counselors are cross-trained in addictions and mental health counseling to address co-occurring substance abuse and emotional challenges. Services are provided wherever it is convenient for the family in order to reduce transportation and childcare issues. With the comprehensive array of services MACT provides, families begin to heal – *together*.

*Referrals are welcome from public agencies, chemical dependency inpatient programs, primary substance abuse treatment programs, private physicians, counselors, social workers, hospitals and families. Call 216.932.2800.*

