

# Residential Treatment

## Co-occurring Integrated Treatment

Bellefaire JCB provides multiple levels of residential treatment for youth ages 11 through 17 who have co-occurring mental health and substance abuse disorders. With certification from the Ohio Department of Mental Health and Addiction Services (OhioMHAS) for residential alcohol and other drug (AOD) treatment, Bellefaire is uniquely positioned to provide treatment to individuals with a primary AOD need and who have related mental health issues.

In maintaining dual licensure and certification the program's dually-trained and licensed staff are highly qualified to address criminogenic/mental health needs of our clients while concurrently able to apply a co-occurring treatment intervention when necessary.

### Assessment and Team

Each client receives a risk assessment and diagnosis, crisis intervention and stabilization, and a medication assessment. Case management is provided by a multidisciplinary team that includes master's level, dually-trained and licensed mental health/AOD clinicians, child and adolescent psychiatrists, psychologists, social workers, counselors, registered nurses, and childcare workers. This team handles discharge planning services to assist families in identifying appropriate step-down levels of care and community-based services.

### Treatment Overview

Services are offered within safe and secure facilities and led by the multidisciplinary treatment team. Services in all units include individual and group therapy, partial hospitalization, psychological evaluation, psychiatric evaluation and medication monitoring as indicated, and chemical dependency assessment and treatment. Nursing and routine medical care are provided on our campus. Therapeutic techniques include cognitive behavioral therapy, dialectical behavior therapy, and collaborative problem solving.

### Integrated Treatment and Aftercare Services

We believe it is important to maintain continuity of care — a fundamental feature to achieving success in the overall goal of reducing recidivism rates. In-home and community-based clinicians are assigned as lead therapists when the youth enters into the program. Upon discharge, youth and families in Cuyahoga County receive weekly in-home counseling, crisis intervention, and case management services for three to six months. For those outside of the county, services are coordinated with local support prior to discharge.

### Program Highlights

- Individual, group and family substance abuse and behavioral health treatment
- Support for sustained sobriety and relapse prevention
- Teaching anger and stress management skills
- Linkage to the 12-Step Community where appropriate
- Integrated Treatment and Aftercare services including intensive in-home treatment



## Treatment Philosophy

Bellefaire JCB's Residential Treatment Services offer a multi-level continuum of care. All of our residential programs stress a multidisciplinary approach to address the complex needs of each youth — building upon his or her strengths towards recovery.

Our commitment to providing superior clinical services using evidence-based treatment models enables us to treat the most vulnerable, at-risk youth. Therapeutic techniques include Cognitive Behavioral Therapy, Dialectical Behavior Therapy, and Collaborative Problem-solving. Services in all units include individual and group therapy, partial hospitalization, psychological evaluation, psychiatric evaluation and medication monitoring, and chemical dependency assessment and treatment. Nursing and routine medical care are provided on our campus.

## Referrals

Referrals for placement are made by a variety of sources from across Ohio and the nation. Referral sources include parents and/or legal guardians, physicians, public child welfare agencies, community support teams, juvenile court systems, private insurers, and schools.

### *Our Commitment to Quality Care:*

- A campus response team of experienced staff, offers immediate support to all residential units.
- We are trained to use the least restrictive approach with clients in implementing de-escalation techniques.
- Our supervisor to childcare worker ratio is 1:4. The ratio of childcare worker to client is 1:3 during the morning and evening shifts, and 1:6 during the night shift.
- Childcare workers hold college degrees.
- On-site staff consists of board certified psychiatrists and advanced degreed residential supervisors.
- A supervisor, nurse, and psychiatrist are on call 24/7 for emergencies.
- Clients receive round-the-clock care for medication administration, monitoring of side effects, and medical education.

### For More Information or to Make A Referral

216.320.8502 / 800.879.2522 / [intake@bellefairejcb.org](mailto:intake@bellefairejcb.org)



One Pollock Circle  
22001 Fairmount Boulevard  
Shaker Heights, Ohio 44118  
p 216.932.2800 / 800.879.2522  
f 216.932.6704

[www.bellefairejcb.org](http://www.bellefairejcb.org)



Bellefaire JCB is accredited by The Joint Commission, has Hague Accreditation through the Council on Accreditation, and has commendation from the Ohio Step Up to Quality System. It is licensed by the Ohio Departments of Job and Family Services and Mental Health. It is certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Department of Developmental Disabilities, and chartered by the Ohio Department of Education.