

Counseling and Community Services

Healthy Moms/Happy Families Program

Behavioral Health Services for Moms-To-Be and New Moms

Healthy Moms/Happy Families is designed to meet the unique needs of moms-to-be and new moms who may be experiencing signs of stress, anxiety or depression. Bellefaire JCB's licensed counselors and therapists specialize in teaching women ways to cope with these feelings, manage family conflicts, and use local resources. We understand that having a baby can be an overwhelming experience and that it is normal to feel conflicted.

Services available through the Healthy Moms/Happy Families program include:

- Assessment
- Counseling
- Psychiatric evaluation
- Medication Management
- Case Management
- Care Coordination

The Healthy Moms, Happy Families program is available for women and teens experiencing perinatal or postpartum depression and is provided in the home or our office. Services are covered by Medicaid and select commercial insurance providers. Out-of-network and self-pay options are also available. We will work with existing providers, including women's health providers, to make sure that all services are coordinated.

