

Residential Treatment

Transitional & Independent Living Programs

TRANSITIONAL LIVING PROGRAM

Bellefaire JCB's Transitional Living Program is a campus-based program for adolescents ages 16-1/2 and older who are preparing for independent living on or about their 18th birthday. Clients in this program have varying degrees of behavioral and/or emotional problems that have interfered with growth, development and overall functioning in key areas of life such as peer relations, school and family. Youth in the Transitional Living Program are at-risk for homelessness or have been homeless in the past.

This program is a logical next step for adolescents who need further supportive services and independent skills and training, yet have outgrown group homes or residential treatment programs, or whose family situation is not safe.

Each client admitted to the program should demonstrate and interest in improving daily living skills and in other areas, including self esteem, problem solving and managing relationships with peers and adults. The program's goal is to help youth gradually reduce their reliance on social service and/or criminal justice systems or to prevent their future involvement with child welfare and/or criminal justice. The average length of stay is six months to a year depending on the age and progress of the client.



Bellefaire JCB's 32-acre residential campus is located in Shaker Heights, a suburb of Cleveland, Ohio.

Program Structure

Upon admission, each client is assigned a case manager who works with the client and his/her guardian to develop an individualized service plan. Part of that plan may include individual therapy, assessments for drug and alcohol problems, and vocational/educational assessments. The client and case manager meet several times a week to review the plan and chart progress. The plan is reviewed every 90 days at which time progress or problems are noted. Our staff is on duty 24 hours a day, seven days a week.

The relationship between a client and their case manager serves as a foundation for success in the program. Through this relationship clients receive support and feedback about their performance. Clients are encouraged to be advocates for themselves.

Each client has his/her own room with a key and the ability to come and go to their appointments with as little staff supervision as possible. Clients will be encouraged to take on as much responsibility for themselves in order to move toward independent living. For example, clients can earn unsupervised time in the community through the phase program, which recognizes progress.

Clients have access to other Bellefaire JCB programs, including psychiatry services and an on-campus health clinic, as well as community systems that will provide support after discharge.

INDEPENDENT LIVING PROGRAM

Bellefaire JCB's Independent Living Program is a community-based program that teaches independent living skills and provides individualized counseling and other services for individuals ages 17 to 21, to help them transition to self-supporting young adults. Youth in the program are at risk for homelessness or have been homeless in the past. A goal is to prevent future involvement with the criminal justice or child welfare system by increasing protective factors and decreasing risk.

Program Structure

Upon admission, each client is assessed by a social worker and a service plan is developed, which include individual case management, mental health services, and alcohol and drug treatment. In return, each client is required to:

- Attend school regularly
- Maintain a job or vocational program
- Live within an established budget
- Remain drug and alcohol free
- Avoid criminal activities
- Follow community or assigned curfew
- Actively pursue completion of the service plan

Staff assist youth to identify supportive adults who will be available to support them throughout the program. These can be a family member, former foster parent, teacher or adult friend who will become an important part of the service plan. This adult is essential to support the newly independent young person, and is called upon by the case manager to help ensure the client's success, as well as strengthen the young person's ties to the community.

Clients receive services through a treatment team, which includes a Bellefaire JCB case manager and may also include biological family members, foster family members, therapists, teachers and mentors, among others. Each client's team meets every 90 days for a formal review of his or her progress. The case manager also maintains regular contact with referring agencies regarding each client's progress and meets weekly with the client to discuss current issues and provide hands-on instruction in life skills. This curriculum includes finding and leasing a safe and affordable apartment; personal safety; health and nutrition; job preparedness; income tax instruction; effective communication; and social skills. Clients receive information packets, group lessons, and individualized instruction.

Clients are expected to work part-time to supplement their income. Money management is reviewed weekly and evaluated based on essential bills being paid and money spent wisely. After several months, those who manage responsibly will be given a monthly check and a bus pass. All rent is paid by the agency until clients are ready to leave the program. Clients begin to assume bill paying as they progress nearer to discharge. Clients are able to select their own apartments, located throughout Cuyahoga County.

Admission Criteria

- Clients must be able to function in a work or educational setting
- Clients must demonstrate that they are not a danger to themselves or others
- Clients must be capable of living in an apartment with case management support



Residential Services

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Bellefaire JCB is accredited by The Joint Commission, has Hague Accreditation through the Council on Accreditation, and has commendation from the Ohio Step Up to Quality System. It is licensed by the Ohio Departments of Job and Family Services and Mental Health. It is certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Department of Developmental Disabilities, and chartered by the Ohio Department of Education.

