

# Counseling and Community Services

## School-Based Programs

### *Individual and Group Counseling Offered in the School Setting*

Bellefaire JCB has master's degree-level clinical counselors and social workers in schools throughout Cuyahoga and Lorain counties including over 75 Cleveland Metropolitan School District schools, Jewish day schools, charter schools, and throughout the East Cleveland, Shaker Heights, Mayfield, Lakewood, Euclid and South Euclid-Lyndhurst school districts.

Our school-based team addresses the mental health needs of students and provide services including assessment, wrap-around/community psychiatric support treatment, weekly individual and group counseling, and prevention programs for students in pre-kindergarten through grade 12. Once a case is opened, our Bellefaire JCB's counselors work closely with the guardian and school staff to identify the individual needs of the student and develop a plan to meet those needs. We can work with teachers to develop behavior management plans for students who have difficulty managing their behavior in the classroom.



Teachers, administrators and parents can refer children and teens who may have the following issues:

- Parent-child or child-sibling relations
- Attention deficit-related problems
- Oppositional behaviors
- Depression, anxiety and/or self-esteem issues
- Domestic violence and/or abuse
- Attachment disorders
- Grief and loss
- Aggression
- Trauma-related issues
- School-related issues
- Adoption and foster care adjustment issues

### **Program Eligibility**

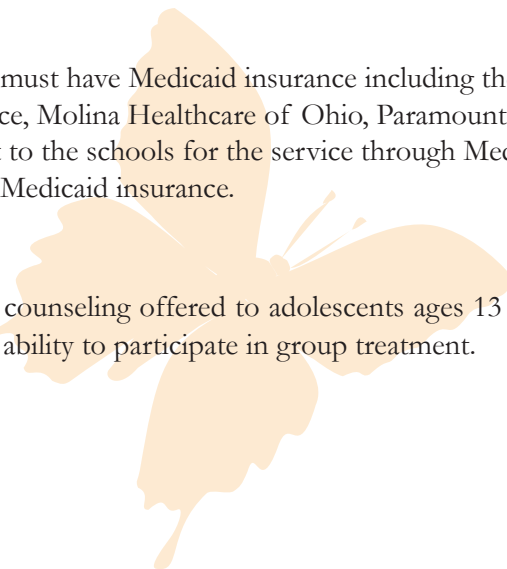
In order to receive school-based counseling services, students must have Medicaid insurance including the following Medicaid HMOs: Buckeye Community Health Plan, CareSource, Molina Healthcare of Ohio, Paramount Advantage and United Healthcare Community Plan of Ohio. There is no cost to the schools for the service through Medicaid reimbursement. There is a limited ability to service clients without Medicaid insurance.

### **Adolescent Group Counseling**

Refer to the back of this brochure for information on group counseling offered to adolescents ages 13 to 18 who meet defined clinical criteria and must demonstrate at least minimal ability to participate in group treatment.

### **For Information or to Initiate a Referral**

Contact the Intake Team at 216-320-8502.



# Adolescent Group Counseling

## Program Overview

Group counseling is offered to adolescents ages 13 to 18 who meet defined clinical criteria and must demonstrate at least minimal ability to participate in group treatment. Groups are facilitated by experienced mental health clinicians. Clinical issues addressed in the group setting include, but are not limited to, the following:

- Coping Skill Development
- Conflict Resolution
- Interpersonal Skill Development
- Anger Management
- Self-Esteem
- Impulse-Control Development
- Grief and Loss
- Trauma

The program will provide limited transportation to various locations throughout the Cleveland area and surrounding suburbs. Routes are approximately 40 minutes in length prior to and after the group. During the school year, adolescents in the East Side program should be prepared for pick-up between 2:30 p.m. and 3:30 p.m. Drop-off will take place between 6:45 p.m. and 7:30 p.m. If a student receives outside transportation to the program, they must arrive on Bellefaire JCB's campus by 3:45 p.m. and be picked-up promptly at 6:30 p.m. Clients will be provided with a light meal. Please be sure to indicate if your child has special dietary needs.



## East Side Program - Located at Bellefaire JCB's main campus

22001 Fairmount Boulevard, Shaker Heights, Ohio 44118

- Held year-round
- Monday through Thursday (*Students attend on their designated days*)
- School year hours: 4:00 p.m. to 6:30 p.m.
- Summer hours: 11:00 a.m. to 1:30 p.m.

## West Side Program (For ages 10 to 17) - Located at Applewood Center

10427 Detroit Avenue, Cleveland, Ohio 44102

- Held during the summer only
- Tuesday, Wednesday and Thursday (*Students attend on their designated days*)
- Hours are 10:30 a.m. to 1:00 p.m.

  
**Bellefaire JCB**

*for excellence... for wellness... for children*

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For more information or to make a referral contact:  
216.320.8502 / 800.879.2522 / intake@bellefairejcb.org

Bellefaire JCB is accredited by The Joint Commission, has Hague Accreditation through the Council on Accreditation, and has commendation from the Ohio Step Up to Quality System. It is licensed by the Ohio Departments of Job and Family Services and Mental Health. It is certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Department of Developmental Disabilities, and chartered by the Ohio Department of Education.