

Residential Treatment

Crisis Stabilization and Assessment

An Alternative to Psychiatric Hospitalization

Bellefaire JCB's Stabilization Critical Care Unit (SCCU) offers youth an alternative to psychiatric hospitalization for brief periods of stabilization, assessment, and intervention. It functions as the behavioral health "critical-care unit" for Bellefaire's array of services and is designed to accommodate at-risk youth including those with development disabilities and autism.

The 4-bed licensed mental health unit provides a safe, highly supervised and supportive environment that facilitates intensive, individualized and short term therapeutic services. This service is available for emergency mental health or mental health/substance abuse needs. Depending on the client's needs, the length of stay can vary from 24 hours up to 30 days and is specifically designed to divert children and youth from psychiatric hospitalization.

Program highlights:

- Ages 8 to 17 for brief, needs-driven, flexible stays of up to 30 days
- Highly supervised alternative to psychiatric hospitalization
- Highest staff-to-client ratio of any of our programs
- 24/7 emergency service
- Individualized educational tutoring



The SCCU is on Bellefaire JCB's 32-acre residential campus in Shaker Heights, a suburb of Cleveland, Ohio.

Assessment Team

Each client receives risk assessment and diagnosis, crisis intervention and stabilization, and medication assessment. An initial psychiatric evaluation and stabilization needs assessment guides the child's stay and discharge planning will begin at admission in cooperation with the placing agency to move children as appropriate to less restrictive levels of care as their immediate condition improves. Our assessments can include:

- Mental health
- Psychological testing
- Psychiatric and medication evaluation
- Behavioral analysis

Team

We provide superior clinical services using evidence-based treatment models that allow us to treat the most vulnerable, at-risk youth. Case management and discharge planning services are provided by a multidisciplinary team that includes master's level dually-trained and licensed mental health/AOD clinicians (with Co-occurring Integrated Treatment programs), child and adolescent psychiatrists, psychologists, social workers, counselors, registered nurses, childcare workers. This team handles discharge planning services to assist families in identifying appropriate next levels of care and community-based services.

Safe, Positive Environment

The unit is within a secure, locked facility in Bellefaire's Intensive Treatment complex and maintains a client-to-staff ratio that supports intensive intervention as well as managing safety and supervision needs of children in crisis or exhibiting conditions that might require hospitalization. Similar to free standing psychiatric hospitals, the SCCU has 24/7 access to Bellefaire's psychiatric and nursing staff. Stays in the SCCU are monitored using care management practices to ensure that lengths of stay are individualized, flexible, and directly related to the client's presenting level of need.

Treatment Philosophy

Bellefaire JCB's Residential Treatment Services offer a multi-level continuum of care. All of our residential programs stress a multidisciplinary approach to address the complex needs of each youth — building upon his or her strengths towards recovery. Our commitment to providing superior clinical services using evidence-based treatment models that allow us to treat the most vulnerable, at-risk youth. Therapeutic techniques include Cognitive Behavioral Therapy, Dialectical Behavior Therapy and Collaborative Problem-solving. Services in all units include individual and group therapy, partial hospitalization, psychological evaluation, psychiatric evaluation and medication monitoring, and chemical dependency assessment and treatment. Nursing and routine medical care are provided on our grounds.

Referrals

Referrals for placement are made by a variety of sources from across Ohio and the nation. Referral sources include parents and/or legal guardians, physicians, public child welfare agencies, community support teams, juvenile court systems, private insurers, and schools.

Our Commitment to Quality Care

- A campus response team consisting of experienced staff offers immediate support to all residential units.
- We are trained to use the least restrictive approach with clients in implementing de-escalation techniques.
- Our supervisor to childcare worker ratio is 1:4. The ratio of childcare worker to client is 1:2 in the SCCU.
- Residential milieu staff hold bachelor's or master's degrees.
- On-site staff consists of board certified psychiatrists and advanced degreed residential supervisors.
- A supervisor, nurse and psychiatrist are on call 24 hours a day for emergencies.
- Clients have round-the-clock care for medication administration, monitoring of side effects, and medical education.

For More Information or to Make A Referral

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Bellefaire JCB is accredited by The Joint Commission, has Hague Accreditation through the Council on Accreditation, and has commendation from the Ohio Step Up to Quality System. It is licensed by the Ohio Departments of Job and Family Services and Mental Health. It is certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Department of Developmental Disabilities, and chartered by the Ohio Department of Education.